



IMA TELLICHERRY  
NEWS LETTER – JULY 2021

**ORGANIZATIONAL  
ACTIVITIES**

**03.07.2021: Building Committee**

Building committee meeting conducted at Zoom Platform.15 members attended the meeting.

**6.7.2021: Building Committee**

Building committee meeting conducted at Zoom Platform.15 members attended the meeting.

**11.7.2021:SWC Meeting**

Dr.Babu Ravindran T N,Dr.Gpeenathan P, Dr.Sasidharan K,Dr.Surendra Babu V P& Dr.Jayakrishnan Nambiar attended the State Working Committee Meeting.



**13.07.2021:Building Committee**

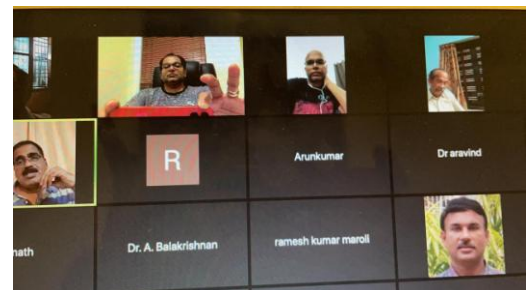
Building committee meeting conducted at Zoom Platform.15 members attended the meeting.

**19.07.2021: Building Committee**

Building committee meeting conducted at Zoom Platform.15 members attended the meeting.

**23.07.2021:Executive Committee**

Zoom Meeting on 23.07.2021. President welcomed the gathering. 30 members attended the Zoom meeting. Vote of thanks was proposed by Dr.Jayakrishnan Nambiar.



## PANEL DISCUSSION

### 13.07.2021: Panel Discussion

A panel discussion was conducted for Sree Shankara Vidhyala Senior Secondary School on Teenage Issues including pregnancy by Dr.Simi Kurien, Dr.Mini Balakrishnan, Dr.Suchitra Sudhir and Dr.Gopeenathan P it was moderated by Dr.Shyjus.



## WEBINAR

08.07.2021: A De Stress session for students was organized by IAP Thalassery in association with IMA Thalassery and PRMKHSS. Talk on theme Breathe your stress out....was

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given by Dr.Sajeev Kumar(Consultant Psychiatrist& IMA President Thalassery).Dr.T P Jayaraman,President IAP Kerala delivered the presidential address.Felicitations were given by Dr.Johnny Sebastian(Secretary IAP Kerala),Dr.Santhosh M K(Past President IAP Kerala)Smt.M Sreeja, Principal, PRMKHSS,Mrs.Bindhu PPRMKHSS.Vote of Thanks proposed by Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery)

## SOCIAL ACTIVITIES

### Awareness Class

### 15.07.2021: Awareness Class

Dr.Sakkariya spoke on Breast Feeding and Lactational issues at Tellicherry Co-operative Hospital.



**15.07.2021:Face Book Live programme**

Dr.Sajeev Kumar P B conducted a Face Book Live programme on anxiety and addictions and mental health.



**18.07.2021:Awareness Class**

Dr.Suchitra Sudhir gave an awareness class on Covid in Pregnancy and vaccines.

**18.07.2021:Awareness Class**

Dr.Sajeev kumar conducted an awareness session for teachers and care givers on adolescent mental health and challengers.

**25.07.2021:Awareness Class**

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Dr.Suchitra Sudhir had a whatsapp chat on cancers in women for Edakkad Block Panchayath ladies.

**26.07.2021: Awareness Class**

Dr.Mini Balakrishnan conducted an awareness session for nursing staff of co-op Hospital,Thalassery on lactational issues.Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) co-ordinated the function.

**Covid Vaccination Camp**

12.07.2021: IMA Thalassery always in the fore front in Social Service Organised a COVID vaccination Camp at all old age homes at Thalassery.With the help of Dr.Bejoy and Eranholi PHC,IMA Thalassery vaccinated 100s of elderly persons staying at Samaritan and Snehakoodu(Charity Organisations). This was the second dose administered as part

of fight against the deadly pandemic. Thanks to Dr. Bejoy, Vishnu-Staff nurse and volunteers at NGO organizations. Programme was organized under the aegis of IMA Thalassery Pain and Palliative Initiative. Dr. Jayakrishnan Nambiar, Dr. Rethika Srikumar and Nurse Ajantha is instrumental in making the event successful.

### **OBSERVATION OF IMPORTANT DAYS**

#### **1) 01.07.2020: Doctors Day**

- Doctor's day, the Birth and Death Anniversary, of the legendary Dr. B.C. Roy was celebrated in a befitting and grand manner at Zoom Platform. Flag Salutation was done by Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery). IMA President

Dr. Sajeev Kumar P B presided over the function. Sri. K Muraleedharan (Member of Parliament) was the chief guest of the Day, Mrs. Sayanora Philip (Playback Singer) was the Guest of Honour. IMA Past National Vice President Dr. T N Babu Ravindran delivered the doctors day message. Dr. Gopeenathan (Secretary National Pension Scheme), Dr. Srikumar Vasudevan (Convener, National IMA Ethics Committee), and Dr. Surendra Babu V P (Convener, Ethics Committee IMA KSB) felicitated the function.



An amount of Rs. 5,000/- each were handed over as financial aid from the Dr.Sunil Kumar memorial fund for two cancer patients.(1.Reshma M, 8 Years, Retinoblastoma, 2. Achu Vineesh,13 years,Ewing Sarcoma)



- Financial aid from the Dr. P.V.George Memorial Fund was distributed to one cardiac patient awaiting surgery.



- Financial aid from the Mr.K K Nambiar Memorial Fund was distributed to Two Cancer patient.(1.Vaishnavi, 2years,

Ewing Sarcoma, 2.Ibrahim Hathif,1year ,B ALL)



- A Scholarship amount of Rs. 5,000/- each were presented to Two financially backward MBBS students from Kannur District from the Dr. K.T.P Nambiar and Smt. Sreedevi Amma Memorial endowment fund 3<sup>rd</sup> year MBBS Student Master Akshay E V, Govt Medical College, Kottayam, 1<sup>st</sup> year MBBS Students Master Athul K V, JIPMER (Jawaharlal Institute of Post Graduate Medical Education Research), Puducherry.



**01.07.2021: Safe Mother Hood Programme**

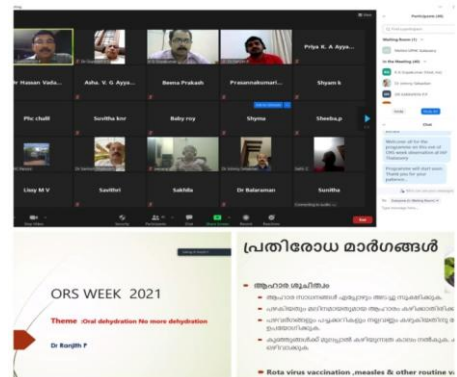
On July 1<sup>st</sup> Dr.Suchitra Sudhir conducted a Webinar for Nirmalagiri College on late adolescent challenges and Preconceptional Counselling.

**28.07.2021: ORS Week Celebration**

As part of Kick starting ORS Week Observation at IAP &IMA Thalassery,along with the Inaugural Ceremony an online awareness class was organized for ASHA Workers. Programme started at 7.15pm with a welcome address by Dr.Sakkariya P P,President IAP Thalassery.

Inauguration of the ORS Week Observation was done by Dr.Johnny Sebastian,Secretary IAP Kerala,Dr.Santosh M K,Past President,IAP Kerala gave felicitations.

The awareness talk was given by Dr.Ranjith P,Consultant Pediatrician,Kerala Health Service and Web Editor,IAP Kerala.The talk was attended by nearly 50 Asha workers.Vote of Thanks proposed by Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery)



**SPECIAL PROJECTS OF THE  
BRANCH**

**IMA Pain & Palliative Care Society  
& Pain Clinic at Govt. General  
Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

**Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

**Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as the association is benefited.

**MISCELLANEOUS**

**Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 900 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

**Association with other  
organizations**

08.07.2021: A De Stress session for students was organized by IAP Thalassery in association with IMA Thalassery and PRMKHSS

## MEDIA

### **20.07.2021:Press Conference**

Press conference was held on 20.07.2021. IMA requested the Government of Kerala and National Highway authorities to upgrade Thalassery Coorg State highway to National Highway.We also urged to take the necessary steps to make Thalassery Corporation. Dr.Babu Ravindran T N,Dr.Rajeev Nambiar,Dr.Sajeev Kumar P B and Dr.Jayakrishnan Nambiar attended the Press Conference.

